



20. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 23.06.2018

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Ratsrunners

□□□: 15:30:27

□□: 556

□□: - km/h
□□□□: 5:31 min/km

Enduro E Bike

□□□□□: 146 (of 228)

□□□□□□: 10:30:32

□□□□:

□□□□□: 27(of 70)

Mixstaffel

□□□□□□□: 11:22:39

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□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□	□□	□□	□□	□□
Grumbach	17.60	1:28:06	5:00	24	18:21	104	22:42	17.60	1:28:06	5:00	24	18:21	229	22:42
Schildwiese	18.58	1:31:54	4:56	22	20:05	97	26:05	36.18	3:00:00	4:58	19	36:51	229	48:47
Neuhaus	13.54	1:09:12	5:06	6	10:10	70	16:41	49.72	4:09:12	5:00	13	45:44	229	1:05:10
Masserberg	19.86	1:48:40	5:28	38	30:02	142	32:09	69.58	5:57:52	5:08	16	1:14:12	214	1:37:08
Allzunah	17.89	1:54:39	6:24	60	43:25	207	47:07	87.47	7:52:31	5:24	24	1:50:53	229	2:22:06
Grenzdler	19.96	1:48:05	5:24	49	32:00	169	33:51	107.43	9:40:36	5:24	26	2:21:14	229	2:52:06
Neue Ausspanne	13.68	1:29:32	6:32	60	31:36	213	40:28	121.11	11:10:08	5:31	35	2:52:50	229	3:32:34
Kleiner Inselsber	13.90	1:28:49	6:23	56	32:43	203	39:33	135.01	12:38:57	5:37	38	3:25:33	229	4:08:37
Hohe Sonne	18.94	1:37:07	5:07	27	28:18	104	30:38	153.95	14:16:04	5:33	36	3:53:51	229	4:37:25
Hörschel	15.02	1:14:23	4:57	15	16:58	70	22:30	-	15:30:27	-	27	4:07:48	146	4:59:55