



3. RENNSThike

Gumpelstadt / 05.05.2018-06.05.2018

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LANGE-HOODT, Hans-Jürgen

□□□: 7:45:00

□□: Günthersleben-Wechmar

□□: 5.29 km/h

□□: 322

□□: 41.80 km

□□□□□/□□□: 13 (of 52)

HIKEMarathon

□□□□□/□: 11 (of 25)

□□□□□□: 6:06:57

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□□□□□: 11(of 25)

Männer

□□□□□□□: 6:06:57

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Bad Tabarz	4.20	40:23	5.94	14	6:14	14	6:14	4.20	40:23	5.94	25	6:14	25	6:14
Großer Inselsber	5.00	1:05:26	4.58	13	10:27	13	10:27	9.20	1:45:49	5.10	26	14:43	26	14:43
Dreiherrnstein	5.00	54:45	5.48	13	15:35	13	15:35	14.20	2:40:34	5.23	26	28:26	26	28:26
Hubertushaus	8.70	1:40:35	4.77	18	28:55	18	28:55	22.90	4:21:09	5.05	26	56:40	26	56:40
Hohe Sonne	4.70	46:53	5.12	10	7:46	10	7:46	27.60	5:08:02	5.26	24	1:04:12	24	1:04:12
Altenberger See	3.30	40:05	4.49	13	11:55	13	11:55	30.90	5:48:07	5.17	24	1:16:06	24	1:16:06
Möhra	6.90	1:18:10	4.61	10	15:37	10	15:37	37.80	7:06:17	5.21	21	1:31:38	21	1:31:38
□□	4.00	38:43	6.20	10	6:25	10	6:25	41.80	7:45:00	5.29	11	1:38:03	11	1:38:03