



3. RENNSThike

Gumpelstadt / 05.05.2018-06.05.2018

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ZAMZOW, Stephanie

□□□: 7:49:03

□□: LT Altensteiner Park

□□: 5.24 km/h

□□: 347

□□: 41.80 km

□□□□□/□□□: 21 (of 52)

HIKEMarathon

□□□□□/□: 8 (of 27)

□□□□□□: 7:32:10

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□□□□□: 8(of 27)

Frauen

□□□□□□□: 7:32:10

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Bad Tabarz	4.20	40:57	5.86	12	3:13	12	3:13	4.20	40:57	5.86	28	3:13	28	3:13
Großer Inselsber	5.00	1:04:25	4.66	1	-	1	-	9.20	1:45:22	5.12	28	0:06	28	0:06
Dreiherrnstein	5.00	56:15	5.33	9	12:51	9	12:51	14.20	2:41:37	5.20	4	7:00	4	7:00
Hubertushaus	8.70	1:41:16	4.74	12	17:44	12	17:44	22.90	4:22:53	5.02	28	24:44	28	24:44
Hohe Sonne	4.70	47:40	5.03	10	1:05	10	1:05	27.60	5:10:33	5.22	27	25:11	27	25:11
Altenberger See	3.30	37:19	4.82	7	2:54	7	2:54	30.90	5:47:52	5.17	27	25:27	27	25:27
Möhra	6.90	1:21:28	4.42	5	5:40	5	5:40	37.80	7:09:20	5.17	23	21:29	23	21:29
□□	4.00	39:43	6.04	5	2:38	5	2:38	41.80	7:49:03	5.24	8	16:53	8	16:53