



3. RENNSThike

Gumpelstadt / 05.05.2018-06.05.2018

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DITTMAR, Marion

□□□: 7:49:00

□□: LT Altensteiner Park

□□: 5.25 km/h

□□: 304

□□: 41.80 km

□□□□□/□□□: 20 (of 52)

HIKEMarathon

□□□□□/□: 7 (of 27)

□□□□□□: 7:32:10

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□□□□□: 7(of 27)

Frauen

□□□□□□□: 7:32:10

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Bad Tabarz	4.20	40:57	5.86	12	3:13	12	3:13	4.20	40:57	5.86	28	3:13	28	3:13
Großer Inselsber	5.00	1:04:28	4.65	3	0:03	3	0:03	9.20	1:45:25	5.12	7	0:09	7	0:09
Dreiherrnstein	5.00	56:13	5.34	8	12:49	8	12:49	14.20	2:41:38	5.20	28	7:01	28	7:01
Hubertushaus	8.70	1:41:18	4.74	14	17:46	14	17:46	22.90	4:22:56	5.02	28	24:47	28	24:47
Hohe Sonne	4.70	47:39	5.04	9	1:04	9	1:04	27.60	5:10:35	5.22	27	25:13	27	25:13
Altenberger See	3.30	37:13	4.84	5	2:48	5	2:48	30.90	5:47:48	5.18	27	25:23	27	25:23
Möhra	6.90	1:21:33	4.41	7	5:45	7	5:45	37.80	7:09:21	5.17	23	21:30	23	21:30
□□	4.00	39:39	6.05	4	2:34	4	2:34	41.80	7:49:00	5.25	7	16:50	7	16:50