



3. RENNSThike

Gumpelstadt / 05.05.2018-06.05.2018

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LUDWIG, Christina

□□□: 7:46:50

□□: Rennsteiglaufverein

□□: 5.27 km/h

□□: 326

□□: 41.80 km

□□□□□/□□□: 18 (of 52)

HIKEMarathon

□□□□□/□: 6 (of 27)

□□□□□□: 7:32:10

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□□□□□: 6(of 27)

Frauen

□□□□□□□: 7:32:10

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Bad Tabarz	4.20	40:24	5.94	9	2:40	9	2:40	4.20	40:24	5.94	28	2:40	28	2:40
Großer Inselsber	5.00	1:05:13	4.60	6	0:48	6	0:48	9.20	1:45:37	5.11	28	0:21	28	0:21
Dreiherrnstein	5.00	55:04	5.45	5	11:40	5	11:40	14.20	2:40:41	5.23	28	6:04	28	6:04
Hubertushaus	8.70	1:40:02	4.80	6	16:30	6	16:30	22.90	4:20:43	5.06	28	22:34	28	22:34
Hohe Sonne	4.70	47:22	5.07	5	0:47	5	0:47	27.60	5:08:05	5.26	27	22:43	27	22:43
Altenberger See	3.30	39:54	4.51	13	5:29	13	5:29	30.90	5:47:59	5.17	27	25:34	27	25:34
Möhra	6.90	1:17:52	4.62	3	2:04	3	2:04	37.80	7:05:51	5.21	23	18:00	23	18:00
□□	4.00	40:59	5.86	7	3:54	7	3:54	41.80	7:46:50	5.27	6	14:40	6	14:40