



20. Schöninger MTB-Cup
Schöningen / 18.08.2018

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Plambeck, Lars

□□□: 2:42:28.6

□□: Bodymed Cycle Team / Team2Beat

□□: 23.08 km/h

□□: 506

□□: 62.50 km

□□□□□/□□□: 10 (of 19)

Rennen 1: Marathon Lang

□□□□□/□: 10 (of 18)

□□□□□□: 2:24:32.6

□□□□:

□□□□□: 2(of 5)

Masters 2

□□□□□□□: 2:31:51.2

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	km	□□	km/h	-	-	□	□	km	□□	km/h	-	-	□	□
□□ 1	12.50	31:08.1	24.09	2	1:08.5	8	3:08.1	12.50	31:08.1	24.09	2	1:08.5	8	3:08.1
□□ 2	12.50	32:33.6	23.04	2	2:14.2	11	3:45.5	25.00	1:03:41.7	23.55	2	3:22.8	8	6:53.7
□□ 3	12.50	32:22.4	23.17	2	1:55.8	9	3:25.4	37.50	1:36:04.2	23.42	2	5:18.7	8	10:19.2
□□ 4	12.50	32:26.2	23.12	2	1:44.8	9	3:35.4	50.00	2:08:30.4	23.35	2	7:03.6	10	13:54.6
□□□ Elmhaus	12.50	33:58.2	22.08	2	3:33.7	10	4:01.3	62.50	2:42:28.6	23.08	2	10:37.3	10	17:56.0