



Ski-O Long  
Silberhütte/Oberpfalz / 21.01.2018

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Bruns, Jussi

□□: MTK Bad Harzburg

□□□: 1:12:52

□□□□: 9:16 min/km

□□: 7.86 km / 10 □□

□□□□:  
H14

□□□□□: 12(of 21)

□□□□□□: 43:59

□□: 28:53

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (32)	7:55	11	3:19	72.1	7:55	11	3:19	72.1
2 (33)	9:34	13	3:28	56.8	17:29	13	6:06	53.6
3 (36)	6:04	14	2:44	82.0	23:33	13	8:49	59.8
4 (38)	10:43	8	4:11	64.0	34:16	12	13:00	61.1
5 (42)	17:01	13	7:58	88.0	51:17	12	20:35	67.1
6 (43)	2:03	14	1:13	146.0	53:20	12	21:48	69.1
7 (100)	1:04	12	0:31	93.9	54:24	12	22:18	69.5
8 (44)	9:12	9	3:42	67.3	1:03:36	12	25:33	67.2
9 (46)	4:15	14	1:32	56.4	1:07:51	12	27:01	66.2
10 (100)	4:24	12	1:45	66.0	1:12:15	12	28:46	66.2
□□	0:37	13	0:10	37.0	1:12:52	12	28:53	65.7