



Ski-O Long
Silberhütte/Oberpfalz / 21.01.2018

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Lesák, Ondrej

□□□: 1:45:05

□□: OOB TJ Tatran Jablonec n. N.

□□□□: 7:47 min/km

□□: 13.48 km / 15 □□

□□□□:
H17

□□□□□: 20(of 40)

□□□□□□□: 1:11:44

□□: 33:21

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (31)	0:50	11	0:09	22.0	0:50	11	0:09	22.0
2 (32)	6:20	18	1:33	32.4	7:10	17	1:42	31.1
3 (33)	8:08	27	2:33	45.7	15:18	20	4:15	38.5
4 (36)	5:03	22	1:40	49.3	20:21	21	5:37	38.1
5 (38)	10:16	25	3:49	59.2	30:37	23	9:12	43.0
6 (40)	20:01	20	11:37	138.3	50:38	20	25:07	98.4
7 (41)	2:19	13	0:46	49.5	52:57	18	16:07	43.8
8 (42)	9:05	23	2:31	38.3	1:02:02	19	18:25	42.2
9 (43)	1:09	14	0:16	30.2	1:03:11	19	18:40	41.9
10 (100)	0:44	22	0:13	41.9	1:03:55	19	18:50	41.8
11 (44)	9:30	33	4:09	77.6	1:13:25	20	22:39	44.6
12 (50)	10:34	19	2:38	33.2	1:23:59	19	25:02	42.5
13 (45)	9:01	29	4:35	103.4	1:33:00	21	29:37	46.7
14 (46)	8:11	28	3:06	61.0	1:41:11	21	32:37	47.6
15 (100)	3:26	17	0:49	31.2	1:44:37	20	33:22	46.8
□□	0:28	8	0:05	21.7	1:45:05	20	33:21	46.5