



Ski-O Long
Silberhütte/Oberpfalz / 21.01.2018

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Gaudernak, Benjamin

□□□: 2:07:45

□□: OLT Transdanubien

□□□□: 9:28 min/km

□□: 13.48 km / 15 □□

□□□□:
H17

□□□□□: 30(of 40)

□□□□□□□: 1:11:44

□□: 56:01

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (31)	1:19	25	0:38	92.7	1:19	25	0:38	92.7
2 (32)	9:22	36	4:35	95.8	10:41	30	5:13	95.4
3 (33)	9:14	33	3:39	65.4	19:55	30	8:52	80.2
4 (36)	5:24	26	2:01	59.6	25:19	29	10:35	71.8
5 (38)	12:44	33	6:17	97.4	38:03	30	16:38	77.7
6 (40)	30:24	35	22:00	261.9	1:08:27	30	42:56	168.3
7 (41)	2:28	15	0:55	59.1	1:10:55	29	34:05	92.5
8 (42)	10:03	30	3:29	53.1	1:20:58	29	37:21	85.6
9 (43)	1:20	23	0:27	50.9	1:22:18	29	37:47	84.9
10 (100)	0:42	15	0:11	35.5	1:23:00	29	37:55	84.1
11 (44)	9:26	31	4:05	76.3	1:32:26	29	41:40	82.1
12 (50)	12:11	31	4:15	53.6	1:44:37	29	45:40	77.5
13 (45)	8:22	24	3:56	88.7	1:52:59	30	49:36	78.3
14 (46)	9:46	33	4:41	92.1	2:02:45	30	54:11	79.0
15 (100)	4:21	32	1:44	66.2	2:07:06	30	55:51	78.4
□□	0:39	31	0:16	69.6	2:07:45	30	56:01	78.1