



Ski-O Long  
Silberhütte/Oberpfalz / 21.01.2018

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Procinger, Jan

□□: OOS TJ Spartak Vrchlabí

□□□: 2:21:57

□□□□: 10:31 min/km

□□: 13.48 km / 15 □□

□□□□:  
H17

□□□□□: 33(of 40)

□□□□□□: 1:11:44

□□: 1:10:13

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (31)	11:17	36	10:36	1,551.2	11:17	36	10:36	1,551.2
2 (32)	7:56	32	3:09	65.9	19:13	36	13:45	251.5
3 (33)	9:13	32	3:38	65.1	28:26	35	17:23	157.3
4 (36)	7:00	35	3:37	106.9	35:26	35	20:42	140.5
5 (38)	10:59	27	4:32	70.3	46:25	35	25:00	116.7
6 (40)	35:00	38	26:36	316.7	1:21:25	36	55:54	219.1
7 (41)	3:16	27	1:43	110.8	1:24:41	35	47:51	129.9
8 (42)	10:00	29	3:26	52.3	1:34:41	34	51:04	117.1
9 (43)	1:30	30	0:37	69.8	1:36:11	34	51:40	116.1
10 (100)	0:54	33	0:23	74.2	1:37:05	34	52:00	115.3
11 (44)	9:21	29	4:00	74.8	1:46:26	33	55:40	109.7
12 (50)	13:40	34	5:44	72.3	2:00:06	33	1:01:09	103.7
13 (45)	8:47	28	4:21	98.1	2:08:53	33	1:05:30	103.3
14 (46)	8:18	29	3:13	63.3	2:17:11	33	1:08:37	100.1
15 (100)	4:09	30	1:32	58.6	2:21:20	33	1:10:05	98.4
□□	0:37	29	0:14	60.9	2:21:57	33	1:10:13	97.9