



Ski-O Long
Silberhütte/Oberpfalz / 21.01.2018

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Männel, Harald

□□: OL-Team Wehrsdorf

□□□: 2:03:00

□□□□: 7:40 min/km

□□: 16.01 km / 15 □□

□□□□:
H45

□□□□□: 4(of 34)

□□□□□□□: 1:57:06

□□: 5:54

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (32)	6:33	7	1:05	19.8	6:33	7	1:05	19.8
2 (33)	6:17	2	0:03	0.8	12:50	6	1:01	8.6
3 (36)	4:15	6	0:38	17.5	17:05	6	1:16	8.0
4 (38)	7:48	2	0:01	0.2	24:53	5	0:56	3.9
5 (39)	13:28	5	1:08	9.2	38:21	5	1:17	3.5
6 (40)	36:31	5	15:55	77.3	1:14:52	5	19:38	35.6
7 (41)	1:34	1	-	-	1:16:26	3	2:18	3.1
8 (42)	8:05	4	0:33	7.3	1:24:31	4	2:51	3.5
9 (43)	0:59	1	-	-	1:25:30	4	2:46	3.3
10 (100)	0:39	2	0:02	5.4	1:26:09	4	2:46	3.3
11 (44)	7:46	6	1:07	16.8	1:33:55	4	2:46	3.0
12 (50)	9:42	3	0:07	1.2	1:43:37	4	2:53	2.9
13 (45)	8:38	15	2:35	42.7	1:52:15	4	5:28	5.1
14 (46)	6:55	4	0:36	9.5	1:59:10	4	5:47	5.1
15 (100)	3:19	4	0:09	4.7	2:02:29	4	5:56	5.1
□□	0:31	2	0:03	10.7	2:03:00	4	5:54	5.0