



Ski-O Long
Silberhütte/Oberpfalz / 21.01.2018

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Hauschild, Steffen

□□: ESV Dresden

□□□: 2:10:54

□□□□: 8:10 min/km

□□: 16.01 km / 15 □□

□□□□:
H45

□□□□□: 7(of 34)

□□□□□□: 1:57:06

□□: 13:48

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (32)	6:46	9	1:18	23.8	6:46	9	1:18	23.8
2 (33)	7:21	11	1:07	17.9	14:07	10	2:18	19.5
3 (36)	4:37	11	1:00	27.7	18:44	10	2:55	18.4
4 (38)	8:55	12	1:08	14.6	27:39	9	3:42	15.5
5 (39)	14:24	7	2:04	16.8	42:03	9	4:59	13.4
6 (40)	39:20	9	18:44	90.9	1:21:23	9	26:09	47.3
7 (41)	2:42	24	1:08	72.3	1:24:05	8	9:57	13.4
8 (42)	8:27	5	0:55	12.2	1:32:32	8	10:52	13.3
9 (43)	1:03	2	0:04	6.8	1:33:35	8	10:51	13.1
10 (100)	0:37	1	-	-	1:34:12	8	10:49	13.0
11 (44)	7:17	4	0:38	9.5	1:41:29	8	10:20	11.3
12 (50)	10:16	5	0:41	7.1	1:51:45	7	11:01	10.9
13 (45)	8:22	14	2:19	38.3	2:00:07	8	13:20	12.5
14 (46)	6:57	5	0:38	10.0	2:07:04	7	13:41	12.1
15 (100)	3:17	3	0:07	3.7	2:10:21	7	13:48	11.8
□□	0:33	6	0:05	17.9	2:10:54	7	13:48	11.8