



Ski-O Long
Silberhütte/Oberpfalz / 21.01.2018

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Kramer, Klaus

□□: GO Harzberg

□□□: 2:31:38

□□□□: 9:28 min/km

□□: 16.01 km / 15 □□

□□□□:
H45

□□□□□: 15(of 34)

□□□□□□: 1:57:06

□□: 34:32

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (32)	6:49	11	1:21	24.7	6:49	11	1:21	24.7
2 (33)	7:58	14	1:44	27.8	14:47	13	2:58	25.1
3 (36)	5:01	17	1:24	38.7	19:48	13	3:59	25.2
4 (38)	8:49	11	1:02	13.3	28:37	11	4:40	19.5
5 (39)	16:17	17	3:57	32.0	44:54	12	7:50	21.1
6 (40)	47:38	23	27:02	131.2	1:32:32	18	37:18	67.5
7 (41)	1:52	4	0:18	19.2	1:34:24	17	20:16	27.3
8 (42)	9:51	14	2:19	30.8	1:44:15	17	22:35	27.7
9 (43)	1:27	13	0:28	47.5	1:45:42	17	22:58	27.8
10 (100)	0:53	15	0:16	43.2	1:46:35	16	23:12	27.8
11 (44)	10:32	21	3:53	58.4	1:57:07	17	25:58	28.5
12 (50)	12:38	16	3:03	31.8	2:09:45	16	29:01	28.8
13 (45)	8:01	13	1:58	32.5	2:17:46	15	30:59	29.0
14 (46)	8:43	15	2:24	38.0	2:26:29	15	33:06	29.2
15 (100)	4:28	18	1:18	41.1	2:30:57	15	34:24	29.5
□□	0:41	15	0:13	46.4	2:31:38	15	34:32	29.5