



Ski-O Long  
Silberhütte/Oberpfalz / 21.01.2018

□□□□

Bartczak, Jaroslaw

□□: UMKS Orkan Ostróda

□□□: 2:33:15

□□□□: 9:34 min/km

□□: 16.01 km / 15 □□

□□□□:  
H45

□□□□□: 16(of 34)

□□□□□□: 1:57:06

□□: 36:09

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1 (32)	7:04	13	1:36	29.3	7:04	13	1:36	29.3
2 (33)	8:24	17	2:10	34.8	15:28	14	3:39	30.9
3 (36)	5:10	19	1:33	42.9	20:38	15	4:49	30.5
4 (38)	9:33	15	1:46	22.7	30:11	14	6:14	26.0
5 (39)	16:01	15	3:41	29.9	46:12	14	9:08	24.6
6 (40)	45:47	21	25:11	122.3	1:31:59	17	36:45	66.5
7 (41)	2:19	11	0:45	47.9	1:34:18	16	20:10	27.2
8 (42)	9:55	15	2:23	31.6	1:44:13	16	22:33	27.6
9 (43)	1:27	13	0:28	47.5	1:45:40	16	22:56	27.7
10 (100)	0:56	21	0:19	51.4	1:46:36	17	23:13	27.8
11 (44)	8:48	15	2:09	32.3	1:55:24	16	24:15	26.6
12 (50)	12:28	15	2:53	30.1	2:07:52	15	27:08	26.9
13 (45)	11:13	23	5:10	85.4	2:19:05	16	32:18	30.3
14 (46)	8:52	16	2:33	40.4	2:27:57	16	34:34	30.5
15 (100)	4:37	20	1:27	45.8	2:32:34	16	36:01	30.9
□□	0:41	15	0:13	46.4	2:33:15	16	36:09	30.9