



Ski-O Long  
Silberhütte/Oberpfalz / 21.01.2018

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Kössler, Wolfgang

□□: Volkssport Berlin

□□□: 1:57:53

□□□□: 11:44 min/km

□□: 10.04 km / 13 □□

□□□□:  
H55

□□□□□: 17(of 23)

□□□□□□□: 1:08:30

□□: 49:23

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (47)	2:58	18	1:12	67.9	2:58	18	1:12	67.9
2 (32)	6:05	20	2:04	51.5	9:03	18	2:57	48.4
3 (33)	10:47	19	4:33	73.0	19:50	18	7:30	60.8
4 (36)	6:23	17	2:21	58.3	26:13	18	9:28	56.5
5 (38)	16:04	20	7:47	94.0	42:17	19	16:46	65.7
6 (40)	32:53	21	22:25	214.2	1:15:10	20	31:32	72.3
7 (41)	3:07	18	1:19	73.2	1:18:17	20	32:51	72.3
8 (42)	12:59	17	5:16	68.3	1:31:16	19	38:07	71.7
9 (43)	3:43	21	2:40	254.0	1:34:59	20	40:46	75.2
10 (100)	1:21	22	0:43	113.2	1:36:20	20	41:29	75.6
11 (44)	10:50	15	4:08	61.7	1:47:10	17	45:32	73.9
12 (46)	4:49	16	1:52	63.3	1:51:59	17	47:16	73.0
13 (100)	5:10	16	1:59	62.3	1:57:09	17	49:09	72.3
□□	0:44	14	0:14	46.7	1:57:53	17	49:23	72.1