



Ski-O Long  
Silberhütte/Oberpfalz / 21.01.2018

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Kruczek, Stanislaw

□□: WKS Wawel Kraków

□□□: 1:35:54

□□□□: 12:12 min/km

□□: 7.86 km / 10 □□

□□□□:  
H65

□□□□□: 7(of 14)

□□□□□□□: 1:07:15

□□: 28:39

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (32)	14:12	11	7:29	111.4	14:12	11	7:29	111.4
2 (33)	11:56	7	4:05	52.0	26:08	10	10:19	65.2
3 (36)	7:41	7	1:51	31.7	33:49	7	11:44	53.1
4 (38)	12:31	6	1:49	17.0	46:20	7	12:59	38.9
5 (42)	21:24	7	8:03	60.3	1:07:44	7	19:07	39.3
6 (43)	2:07	8	0:38	42.7	1:09:51	7	19:35	39.0
7 (100)	1:12	9	0:29	67.4	1:11:03	7	19:43	38.4
8 (44)	12:42	9	5:07	67.5	1:23:45	7	24:25	41.2
9 (46)	5:20	10	2:01	60.8	1:29:05	7	26:17	41.9
10 (100)	5:46	9	2:17	65.6	1:34:51	7	28:11	42.3
□□	1:03	10	0:28	80.0	1:35:54	7	28:39	42.6