



Ski-O Long
Silberhütte/Oberpfalz / 21.01.2018

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Heinemann, Rolf

□□: SV Robotron Dresden

□□□: 1:37:57

□□□□: 12:27 min/km

□□: 7.86 km / 10 □□

□□□□:
H75

□□□□□: 4(of 7)

□□□□□□□: 1:29:33

□□: 8:24

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (32)	10:42	3	1:09	12.0	10:42	3	1:09	12.0
2 (33)	10:27	1	-	-	21:09	2	0:01	0.1
3 (36)	7:40	4	1:05	16.5	28:49	2	1:06	4.0
4 (38)	16:35	3	3:56	31.1	45:24	3	2:14	5.2
5 (42)	24:09	5	6:07	33.9	1:09:33	4	8:21	13.6
6 (43)	3:49	4	1:33	68.4	1:13:22	4	9:34	15.0
7 (100)	1:05	2	0:08	14.0	1:14:27	4	9:42	15.0
8 (44)	12:10	3	1:06	9.9	1:26:37	4	8:48	11.3
9 (46)	5:08	2	0:01	0.3	1:31:45	4	8:33	10.3
10 (100)	5:24	3	0:44	15.7	1:37:09	4	8:29	9.6
□□	0:48	3	0:07	17.1	1:37:57	4	8:24	9.4