



Ski-O Long  
Silberhütte/Oberpfalz / 21.01.2018

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Groß, Sebastian

□□: SV Wissenschaft Quedlinburg

□□□: 1:45:45

□□□□: 6:00 min/km

□□: 17.58 km / 18 □□

□□□□:  
Men

□□□□□: 8(of 52)

□□□□□□□: 1:39:27

□□: 6:18

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (31)	1:55	38	1:20	228.6	1:55	38	1:20	228.6
2 (32)	5:19	20	0:58	22.2	7:14	30	2:14	44.7
3 (33)	5:07	5	0:14	4.8	12:21	19	2:24	24.1
4 (36)	3:04	3	0:02	1.1	15:25	17	2:24	18.4
5 (37)	6:27	5	0:07	1.8	21:52	12	2:27	12.6
6 (38)	4:35	26	1:18	39.6	26:27	15	3:27	15.0
7 (39)	10:52	7	1:49	20.1	37:19	12	5:15	16.4
8 (40)	25:58	3	5:53	29.3	1:03:17	8	4:46	8.2
9 (41)	1:25	12	0:09	11.8	1:04:42	8	4:51	8.1
10 (42)	6:45	9	0:31	8.3	1:11:27	9	5:05	7.7
11 (43)	1:02	19	0:12	24.0	1:12:29	9	5:14	7.8
12 (100)	0:32	6	0:04	14.3	1:13:01	9	5:15	7.8
13 (44)	5:34	6	0:18	5.7	1:18:35	9	5:32	7.6
14 (34)	8:04	9	0:32	7.1	1:26:39	9	5:47	7.2
15 (35)	2:03	5	0:03	2.5	1:28:42	9	5:49	7.0
16 (45)	8:34	5	0:58	12.7	1:37:16	8	6:27	7.1
17 (46)	5:19	3	0:13	4.3	1:42:35	8	6:22	6.6
18 (100)	2:45	4	0:06	3.8	1:45:20	8	6:18	6.4
□□	0:25	2	0:01	4.2	1:45:45	8	6:18	6.3