



Ski-O Long
Silberhütte/Oberpfalz / 21.01.2018

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Bruns, Thilo

□□: MTK Bad Harzburg

□□□: 2:24:51

□□□□: 8:14 min/km

□□: 17.58 km / 18 □□

□□□□:
Men

□□□□□: 31(of 52)

□□□□□□□: 1:39:27

□□: 45:24

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (31)	0:47	18	0:12	34.3	0:47	18	0:12	34.3
2 (32)	6:45	39	2:24	55.2	7:32	33	2:32	50.7
3 (33)	6:38	28	1:45	35.8	14:10	32	4:13	42.4
4 (36)	4:10	27	1:08	37.4	18:20	28	5:19	40.9
5 (37)	9:33	31	3:13	50.8	27:53	28	8:28	43.6
6 (38)	5:45	37	2:28	75.1	33:38	30	10:38	46.2
7 (39)	14:04	35	5:01	55.4	47:42	33	15:38	48.8
8 (40)	37:48	33	17:43	88.2	1:25:30	33	26:59	46.1
9 (41)	1:57	29	0:41	54.0	1:27:27	32	27:36	46.1
10 (42)	9:43	39	3:29	55.9	1:37:10	33	30:48	46.4
11 (43)	1:23	38	0:33	66.0	1:38:33	32	31:18	46.5
12 (100)	0:41	30	0:13	46.4	1:39:14	32	31:28	46.4
13 (44)	7:56	34	2:40	50.6	1:47:10	31	34:07	46.7
14 (34)	10:32	34	3:00	39.8	1:57:42	31	36:50	45.6
15 (35)	2:33	32	0:33	27.5	2:00:15	31	37:22	45.1
16 (45)	12:12	33	4:36	60.5	2:12:27	31	41:38	45.8
17 (46)	7:54	33	2:48	54.9	2:20:21	31	44:08	45.9
18 (100)	3:55	32	1:16	47.8	2:24:16	31	45:14	45.7
□□	0:35	24	0:11	45.8	2:24:51	31	45:24	45.7