



Ski-O Long
Silberhütte/Oberpfalz / 21.01.2018

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Steinert, Luise

□□: SV Lengefeld

□□□: 1:25:01

□□□□: 9:03 min/km

□□: 9.38 km / 10 □□

□□□□:
D17

□□□□□: 15(of 31)

□□□□□□: 56:51

□□: 28:10

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	□□	-	-	%	□□	-	-	%
1 (31)	1:06	10	0:15	29.4	1:06	10	0:15	29.4
2 (32)	8:16	15	2:35	45.5	9:22	13	2:46	41.9
3 (33)	7:47	9	1:30	23.9	17:09	13	4:08	31.8
4 (100)	5:34	19	2:13	66.2	22:43	14	6:13	37.7
5 (44)	10:00	16	3:22	50.8	32:43	14	9:31	41.0
6 (38)	10:38	13	4:05	62.3	43:21	14	13:06	43.3
7 (45)	20:01	15	8:34	74.8	1:03:22	15	21:40	52.0
8 (49)	11:08	17	3:29	45.5	1:14:30	15	24:50	50.0
9 (46)	5:39	15	1:58	53.4	1:20:09	15	26:48	50.2
10 (100)	4:19	19	1:21	45.5	1:24:28	15	28:05	49.8
□□	0:33	9	0:07	26.9	1:25:01	15	28:10	49.6