



Ski-O Long  
Silberhütte/Oberpfalz / 21.01.2018

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Zweiker, Martina

□□: HSV Absam OL

□□□: 2:18:48

□□□□: 10:15 min/km

□□: 13.53 km / 15 □□

□□□□:  
D35

□□□□□: 5(of 8)

□□□□□□□: 1:47:38

□□: 31:10

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (47)	2:27	3	0:40	37.4	2:27	3	0:40	37.4
2 (32)	4:58	3	0:46	18.3	7:25	3	1:26	24.0
3 (33)	8:31	4	1:38	23.7	15:56	3	3:04	23.8
4 (36)	5:04	4	0:59	24.1	21:00	3	4:03	23.9
5 (45)	3:23	4	0:31	18.0	24:23	3	4:34	23.0
6 (38)	17:40	7	6:47	62.3	42:03	5	11:21	37.0
7 (39)	13:40	2	0:12	1.5	55:43	4	10:31	23.3
8 (40)	49:13	6	13:37	38.3	1:44:56	4	24:08	29.9
9 (41)	2:33	4	0:39	34.2	1:47:29	4	24:47	30.0
10 (42)	10:28	5	2:14	27.1	1:57:57	5	27:01	29.7
11 (43)	1:25	2	0:08	10.4	1:59:22	5	27:09	29.4
12 (100)	0:47	3	0:05	11.9	2:00:09	5	27:14	29.3
13 (44)	9:43	4	2:30	34.6	2:09:52	5	29:44	29.7
14 (46)	3:59	5	0:36	17.7	2:13:51	5	30:13	29.2
15 (100)	4:21	5	0:54	26.1	2:18:12	5	31:07	29.1
□□	0:36	3	0:03	9.1	2:18:48	5	31:10	29.0