



Ski-O Long
Silberhütte/Oberpfalz / 21.01.2018

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Buchholz, Tanja

□□: MTK Bad Harzburg

□□□: 1:27:33

□□□□: 8:45 min/km

□□: 9.99 km / 12 □□

□□□□:
D45

□□□□□: 4(of 18)

□□□□□□□: 1:15:30

□□: 12:03

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	□□	-	-	%	□□	-	-	%
1 (32)	8:03	5	1:33	23.9	8:03	5	1:33	23.9
2 (33)	7:24	3	0:16	3.7	15:27	3	1:49	13.3
3 (36)	5:20	5	0:49	18.1	20:47	3	2:38	14.5
4 (38)	10:35	5	1:10	12.4	31:22	5	2:48	9.8
5 (40)	23:10	7	10:51	88.1	54:32	5	6:24	13.3
6 (41)	2:24	4	0:14	10.8	56:56	5	6:34	13.0
7 (42)	11:44	14	3:32	43.1	1:08:40	5	10:06	17.3
8 (43)	1:22	3	0:11	15.5	1:10:02	5	10:12	17.1
9 (100)	0:51	6	0:10	24.4	1:10:53	5	10:19	17.0
10 (44)	8:28	4	1:03	14.2	1:19:21	4	11:21	16.7
11 (46)	3:48	4	0:26	12.9	1:23:09	4	11:47	16.5
12 (100)	3:50	4	0:17	8.0	1:26:59	4	12:04	16.1
□□	0:34	2	0:03	9.7	1:27:33	4	12:03	16.0