



Ski-O Long
Silberhütte/Oberpfalz / 21.01.2018

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Malkowa, Elena

□□: Post SV Dresden

□□□: 1:32:24

□□□□: 9:14 min/km

□□: 9.99 km / 12 □□

□□□□:
D45

□□□□□: 6(of 18)

□□□□□□□: 1:15:30

□□: 16:54

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (32)	8:39	9	2:09	33.1	8:39	9	2:09	33.1
2 (33)	8:26	4	1:18	18.2	17:05	6	3:27	25.3
3 (36)	5:48	6	1:17	28.4	22:53	6	4:44	26.1
4 (38)	12:05	7	2:40	28.3	34:58	6	6:24	22.4
5 (40)	24:30	9	12:11	98.9	59:28	8	11:20	23.6
6 (41)	2:33	8	0:23	17.7	1:02:01	8	11:39	23.1
7 (42)	9:55	5	1:43	20.9	1:11:56	7	13:22	22.8
8 (43)	1:29	4	0:18	25.4	1:13:25	7	13:35	22.7
9 (100)	0:50	5	0:09	22.0	1:14:15	7	13:41	22.6
10 (44)	8:54	6	1:29	20.0	1:23:09	6	15:09	22.3
11 (46)	3:56	6	0:34	16.8	1:27:05	6	15:43	22.0
12 (100)	4:41	10	1:08	31.9	1:31:46	6	16:51	22.5
□□	0:38	6	0:07	22.6	1:32:24	6	16:54	22.4