



Ski-O Middle
Silberhütte/Oberpfalz / 20.01.2018

□□□□

Uhlemann, Ulf

□□: ESV Dresden

□□□: 1:17:41

□□□□: 11:03 min/km

□□: 7.02 km / 13 □□

□□□□:
H35

□□□□□: 19(of 22)

□□□□□□: 42:20

□□: 35:21

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (31)	5:05	21	3:01	146.0	5:05	21	3:01	146.0
2 (50)	7:32	17	4:10	123.8	12:37	20	6:57	122.7
3 (33)	8:49	21	6:28	275.2	21:26	20	13:25	167.4
4 (43)	6:39	21	3:22	102.5	28:05	20	16:41	146.4
5 (35)	5:17	20	2:30	89.8	33:22	20	18:06	118.6
6 (37)	7:15	20	3:21	85.9	40:37	19	21:14	109.5
7 (38)	6:35	16	1:24	27.0	47:12	19	22:19	89.7
8 (31)	4:17	21	1:57	83.6	51:29	19	24:12	88.7
9 (39)	6:23	21	3:09	97.4	57:52	19	27:21	89.6
10 (40)	7:05	21	2:58	72.1	1:04:57	19	29:48	84.8
11 (31)	4:25	21	1:48	68.8	1:09:22	19	31:28	83.0
12 (48)	5:10	21	3:09	156.2	1:14:32	19	34:22	85.6
13 (100)	2:22	20	0:51	56.0	1:16:54	19	35:03	83.8
□□	0:47	21	0:22	88.0	1:17:41	19	35:21	83.5