



Ski-O Middle
 Silberhütte/Oberpfalz / 20.01.2018

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Conrad, Helmut

□□: USV TU Dresden

□□□: 32:10

□□□□: 7:47 min/km

□□: 4.13 km / 8 □□

□□□□:
 H65

□□□□□: 3(of 12)

□□□□□□□: 26:22

□□: 5:48

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (31)	3:08	3	0:40	27.0	3:08	3	0:40	27.0
2 (41)	1:26	3	0:23	36.5	4:34	3	1:03	29.9
3 (42)	3:17	5	0:45	29.6	7:51	3	1:47	29.4
4 (44)	5:51	3	0:56	19.0	13:42	3	2:27	21.8
5 (45)	2:47	3	0:19	12.8	16:29	3	2:46	20.2
6 (31)	7:44	3	1:16	19.6	24:13	3	4:02	20.0
7 (47)	2:36	3	0:26	20.0	26:49	3	4:28	20.0
8 (100)	4:41	3	1:12	34.5	31:30	3	5:40	21.9
□□	0:40	3	0:08	25.0	32:10	3	5:48	22.0