



Thüringen Pokal 2018 und TRL  
Arnstadt / 14.04.2018

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Röhrich, Kirsten

□□: USV Jena

□□□: 30:16

□□□□: 9:45 min/km

□□: 3.10 km / 15 □□

□□□□:

D45 (Damen ab 45)

□□□□□: 7(of 12)

□□□□□□□: 25:04

□□: 5:12

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (33)	1:03	7	0:21	50.0	1:03	7	0:21	50.0
2 (36)	2:44	12	1:59	264.4	3:47	12	2:20	160.9
3 (40)	1:54	10	0:33	40.7	5:41	12	2:38	86.3
4 (50)	3:29	8	1:01	41.2	9:10	12	2:44	42.5
5 (71)	2:03	11	0:43	53.8	11:13	11	3:04	37.6
6 (72)	-	0	-	-	11:13	11	3:04	37.6
7 (63)	4:19	6	1:11	37.8	15:32	10	3:30	29.1
8 (62)	1:53	9	0:22	24.2	17:25	10	3:52	28.5
9 (60)	1:36	4	0:21	28.0	19:01	10	4:13	28.5
10 (59)	1:10	6	0:18	34.6	20:11	10	4:31	28.8
11 (73)	2:01	8	0:26	27.4	22:12	10	4:57	28.7
12 (57)	0:58	3	0:04	7.4	23:10	9	4:46	25.9
13 (51)	2:21	4	0:20	16.5	25:31	7	5:06	25.0
14 (52)	0:57	4	0:14	32.6	26:28	7	4:42	21.6
15 (100)	3:36	6	0:37	20.7	30:04	7	5:15	21.2
□□	0:12	1	-	-	30:16	7	5:12	20.7