



Thüringen Pokal 2018 und TRL
Arnstadt / 14.04.2018

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Lösch, Ute

□□: USV Jena

□□□: 24:46

□□□□: 11:15 min/km

□□: 2.20 km / 13 □□

□□□□:

D55 (Damen ab 55)

□□□□□: 2(of 4)

□□□□□□: 17:19

□□: 7:27

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (32)	0:59	2	0:01	1.7	0:59	2	0:01	1.7
2 (35)	0:45	2	0:10	28.6	1:44	2	0:11	11.8
3 (37)	0:40	2	0:09	29.0	2:24	2	0:20	16.1
4 (39)	1:25	2	0:09	11.8	3:49	2	0:29	14.5
5 (42)	1:05	3	0:16	32.7	4:54	2	0:45	18.1
6 (45)	1:40	2	0:24	31.6	6:34	2	1:09	21.2
7 (48)	1:43	2	0:12	13.2	8:17	2	1:21	19.5
8 (54)	3:23	2	0:59	41.0	11:40	2	2:20	25.0
9 (55)	1:58	2	0:29	32.6	13:38	2	2:49	26.0
10 (56)	1:35	3	0:37	63.8	15:13	2	3:26	29.1
11 (51)	2:44	2	0:49	42.6	17:57	2	4:15	31.0
12 (46)	5:03	3	2:36	106.1	23:00	2	6:51	42.4
13 (100)	1:27	3	0:32	58.2	24:27	2	7:23	43.3
□□	0:19	3	0:04	26.7	24:46	2	7:27	43.0