



Thüringen Pokal 2018 und TRL  
Arnstadt / 14.04.2018

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Rehner, Paul

□□: SV Handwerk Erfurt

□□□: 30:10

□□□□: 18:51 min/km

□□: 1.60 km / 12 □□

□□□□:

H10 (Herren bis 10)

□□□□□: 2(of 2)

□□□□□□□: 18:14

□□: 11:56

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	□□	-	-	%	□□	-	-	%
1 (31)	1:18	2	0:32	69.6	1:18	2	0:32	69.6
2 (35)	1:48	2	0:48	80.0	3:06	2	1:20	75.5
3 (38)	2:53	2	1:19	84.0	5:59	2	2:39	79.5
4 (41)	2:25	2	0:48	49.5	8:24	2	3:27	69.7
5 (45)	2:56	2	1:43	141.1	11:20	2	5:10	83.8
6 (48)	3:46	2	1:48	91.5	15:06	2	6:58	85.7
7 (51)	2:57	2	0:58	48.7	18:03	2	7:56	78.4
8 (50)	2:44	2	0:54	49.1	20:47	2	8:50	73.9
9 (49)	2:54	2	1:04	58.2	23:41	2	9:54	71.8
10 (46)	4:04	2	0:51	26.4	27:45	2	10:45	63.2
11 (47)	1:13	2	0:34	87.2	28:58	2	11:19	64.1
12 (100)	0:33	2	0:09	37.5	29:31	2	11:28	63.5
□□	0:39	2	0:28	254.6	30:10	2	11:56	65.5