



Thüringen Pokal 2018 und TRL  
Arnstadt / 14.04.2018

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Dittmann, Martin

□□: SV Handwerk Erfurt

□□□: 1:12:10

□□□□: 11:38 min/km

□□: 6.20 km / 27 □□

□□□□:

H18 (Herren bis 18)

□□□□□: 2(of 2)

□□□□□□□: 50:13

□□: 21:57

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	□□	-	-	%	□□	-	-	%
1 (36)	1:52	2	0:45	67.2	1:52	2	0:45	67.2
2 (40)	1:35	2	0:25	35.7	3:27	2	1:10	51.1
3 (43)	1:06	2	0:26	65.0	4:33	2	1:36	54.2
4 (44)	2:04	2	0:19	18.1	6:37	2	1:55	40.8
5 (48)	2:23	2	0:28	24.4	9:00	2	2:23	36.0
6 (54)	2:15	2	0:32	31.1	11:15	2	2:55	35.0
7 (55)	1:23	2	0:18	27.7	12:38	2	3:13	34.2
8 (50)	4:31	2	2:57	188.3	17:09	2	6:10	56.2
9 (52)	2:05	2	0:44	54.3	19:14	2	6:54	56.0
10 (57)	2:45	2	0:02	1.2	21:59	2	6:56	46.1
11 (58)	1:08	2	0:21	44.7	23:07	2	7:17	46.0
12 (60)	2:49	2	0:51	43.2	25:56	2	8:08	45.7
13 (61)	1:33	2	0:26	38.8	27:29	2	8:34	45.3
14 (64)	3:38	2	1:21	59.1	31:07	2	9:55	46.8
15 (66)	3:15	2	1:34	93.1	34:22	2	11:29	50.2
16 (70)	4:27	2	1:45	64.8	38:49	2	13:14	51.7
17 (69)	3:06	2	1:03	51.2	41:55	2	14:17	51.7
18 (68)	1:08	2	0:48	240.0	43:03	2	15:05	53.9
19 (67)	6:17	2	3:08	99.5	49:20	2	18:13	58.5
20 (65)	2:39	2	1:01	62.2	51:59	2	19:14	58.7
21 (72)	6:16	2	0:02	0.5	58:15	2	19:16	49.4
22 (71)	-	0	-	-	58:15	2	19:16	49.4
23 (56)	2:16	2	0:06	4.6	1:00:31	2	19:22	47.1
24 (51)	2:17	2	0:47	52.2	1:02:48	2	20:09	47.3
25 (49)	2:20	2	0:30	27.3	1:05:08	2	20:39	46.4
26 (38)	3:10	2	0:25	15.2	1:08:18	2	21:04	44.6
27 (100)	3:42	2	0:53	31.4	1:12:00	2	21:57	43.9
□□	0:10	1	-	-	1:12:10	2	21:57	43.7