



Thüringen Pokal 2018 und TRL  
Arnstadt / 14.04.2018

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Hochstetter, Joris

□□: USV Jena

□□□: 38:16

□□□□: 6:10 min/km

□□: 6.20 km / 27 □□

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H19 (H 21)

□□□□□: 2(of 6)

□□□□□□: 35:29

□□: 2:47

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	□□	-	-	%	□□	-	-	%
1 (36)	1:27	3	0:15	20.8	1:27	3	0:15	20.8
2 (40)	1:05	4	0:08	14.0	2:32	3	0:23	17.8
3 (43)	0:34	3	0:03	9.7	3:06	3	0:26	16.3
4 (44)	1:24	3	0:05	6.3	4:30	3	0:30	12.5
5 (48)	1:30	3	0:06	7.1	6:00	3	0:36	11.1
6 (54)	1:24	3	0:09	12.0	7:24	3	0:45	11.3
7 (55)	0:54	2	0:04	8.0	8:18	3	0:49	10.9
8 (50)	1:16	3	0:05	7.0	9:34	3	0:54	10.4
9 (52)	1:02	2	0:05	8.8	10:36	3	0:59	10.2
10 (57)	1:36	1	-	-	12:12	2	0:29	4.1
11 (58)	0:42	4	0:17	68.0	12:54	2	0:33	4.5
12 (60)	1:35	1	-	-	14:29	2	0:26	3.1
13 (61)	0:58	1	-	-	15:27	2	0:22	2.4
14 (64)	1:45	1	-	-	17:12	2	0:08	0.8
15 (66)	1:27	2	0:08	10.1	18:39	2	0:03	0.3
16 (70)	2:06	2	0:11	9.6	20:45	2	0:06	0.5
17 (69)	1:24	1	-	-	22:09	1	-	-
18 (68)	0:39	2	0:28	254.6	22:48	2	0:24	1.8
19 (67)	2:30	4	0:36	31.6	25:18	2	1:00	4.1
20 (65)	1:09	3	0:09	15.0	26:27	2	1:09	4.6
21 (72)	3:30	2	0:14	7.1	29:57	2	1:23	4.8
22 (71)	-	0	-	-	29:57	2	1:23	4.8
23 (56)	1:16	1	-	-	31:13	2	1:18	4.4
24 (51)	1:19	4	0:21	36.2	32:32	2	1:39	5.3
25 (49)	1:07	2	0:06	9.8	33:39	2	1:45	5.5
26 (38)	2:23	5	0:51	55.4	36:02	3	2:36	7.8
27 (100)	2:07	3	0:13	11.4	38:09	3	2:49	8.0
□□	0:07	1	-	-	38:16	2	2:47	7.8