



Thüringen Pokal 2018 und TRL
Arnstadt / 14.04.2018

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Lichter, Liv-Greete

□□: USV Jena

□□□: 39:52

□□□□: 12:51 min/km

□□: 3.10 km / 15 □□

□□□□:

D14 (Damen bis 14)

□□□□□: 2(of 5)

□□□□□□□: 35:35

□□: 4:17

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (33)	1:02	2	0:10	19.2	1:02	2	0:10	19.2
2 (36)	5:05	4	4:01	376.6	6:07	4	4:09	211.0
3 (40)	1:56	4	0:16	16.0	8:03	4	4:25	121.6
4 (50)	3:33	2	0:26	13.9	11:36	4	4:51	71.9
5 (71)	2:41	4	1:00	59.4	14:17	4	5:51	69.4
6 (72)	-	0	-	-	14:17	4	5:51	69.4
7 (63)	4:40	1	-	-	18:57	3	1:40	9.6
8 (62)	2:08	3	0:31	32.0	21:05	3	1:09	5.8
9 (60)	2:53	2	0:38	28.2	23:58	4	1:09	5.0
10 (59)	1:24	2	0:16	23.5	25:22	3	0:51	3.5
11 (73)	2:17	3	0:20	17.1	27:39	3	1:04	4.0
12 (57)	1:54	3	0:51	81.0	29:33	2	1:55	6.9
13 (51)	2:42	2	0:15	10.2	32:15	2	1:54	6.3
14 (52)	1:54	4	0:46	67.7	34:09	2	2:23	7.5
15 (100)	5:31	3	1:55	53.2	39:40	2	4:18	12.2
□□	0:12	1	-	-	39:52	2	4:17	12.0