



Thüringen Pokal 2018 und TRL
Arnstadt / 14.04.2018

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Schletzke, Paul

□□: SV Handwerk Erfurt

□□□: 41:58

□□□□: 6:46 min/km

□□: 6.20 km / 27 □□

□□□□:

H19 (H 21)

□□□□□: 4(of 6)

□□□□□□: 35:29

□□: 6:29

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	□□	-	-	%	□□	-	-	%
1 (36)	2:14	5	1:02	86.1	2:14	5	1:02	86.1
2 (40)	1:04	3	0:07	12.3	3:18	4	1:09	53.5
3 (43)	0:36	4	0:05	16.1	3:54	4	1:14	46.3
4 (44)	1:28	4	0:09	11.4	5:22	4	1:22	34.2
5 (48)	1:42	4	0:18	21.4	7:04	4	1:40	30.9
6 (54)	1:28	4	0:13	17.3	8:32	4	1:53	28.3
7 (55)	0:59	4	0:09	18.0	9:31	4	2:02	27.2
8 (50)	1:24	4	0:13	18.3	10:55	4	2:15	26.0
9 (52)	1:04	3	0:07	12.3	11:59	4	2:22	24.6
10 (57)	2:00	2	0:24	25.0	13:59	4	2:16	19.4
11 (58)	0:25	1	-	-	14:24	4	2:03	16.6
12 (60)	2:07	4	0:32	33.7	16:31	4	2:28	17.6
13 (61)	1:01	3	0:03	5.2	17:32	4	2:27	16.2
14 (64)	2:11	4	0:26	24.8	19:43	4	2:39	15.5
15 (66)	1:33	4	0:14	17.7	21:16	4	2:40	14.3
16 (70)	2:20	3	0:25	21.7	23:36	4	2:57	14.3
17 (69)	1:53	4	0:29	34.5	25:29	4	3:20	15.1
18 (68)	0:47	4	0:36	327.3	26:16	4	3:52	17.3
19 (67)	2:13	2	0:19	16.7	28:29	4	4:11	17.2
20 (65)	1:34	4	0:34	56.7	30:03	4	4:45	18.8
21 (72)	3:51	4	0:35	17.9	33:54	4	5:20	18.7
22 (71)	-	0	-	-	33:54	4	5:20	18.7
23 (56)	2:00	6	0:44	57.9	35:54	4	5:59	20.0
24 (51)	1:01	3	0:03	5.2	36:55	4	6:02	19.5
25 (49)	1:14	4	0:13	21.3	38:09	4	6:15	19.6
26 (38)	1:46	2	0:14	15.2	39:55	4	6:29	19.4
27 (100)	1:54	1	-	-	41:49	4	6:29	18.4
□□	0:09	2	0:02	28.6	41:58	4	6:29	18.3