



Thüringen Pokal 2018 und TRL
Arnstadt / 14.04.2018

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Gorecki, Martin

□□: USV Jena

□□□: 1:03:46

□□□□: 10:17 min/km

□□: 6.20 km / 27 □□

□□□□:

H19 (H 21)

□□□□□: 6(of 6)

□□□□□□: 35:29

□□: 28:17

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (36)	1:59	4	0:47	65.3	1:59	4	0:47	65.3
2 (40)	1:20	5	0:23	40.4	3:19	5	1:10	54.3
3 (43)	0:49	5	0:18	58.1	4:08	5	1:28	55.0
4 (44)	1:52	5	0:33	41.8	6:00	5	2:00	50.0
5 (48)	2:12	6	0:48	57.1	8:12	5	2:48	51.9
6 (54)	1:55	5	0:40	53.3	10:07	5	3:28	52.1
7 (55)	1:31	6	0:41	82.0	11:38	5	4:09	55.5
8 (50)	2:01	6	0:50	70.4	13:39	5	4:59	57.5
9 (52)	1:53	5	0:56	98.3	15:32	5	5:55	61.5
10 (57)	2:54	6	1:18	81.3	18:26	5	6:43	57.3
11 (58)	0:53	6	0:28	112.0	19:19	6	6:58	56.4
12 (60)	2:43	6	1:08	71.6	22:02	6	7:59	56.8
13 (61)	1:27	6	0:29	50.0	23:29	6	8:24	55.7
14 (64)	3:34	6	1:49	103.8	27:03	6	9:59	58.5
15 (66)	4:43	6	3:24	258.2	31:46	6	13:10	70.8
16 (70)	4:05	6	2:10	113.0	35:51	6	15:12	73.6
17 (69)	2:41	6	1:17	91.7	38:32	6	16:23	74.0
18 (68)	1:05	5	0:54	490.9	39:37	6	17:13	76.9
19 (67)	4:32	6	2:38	138.6	44:09	6	19:51	81.7
20 (65)	1:42	5	0:42	70.0	45:51	6	20:33	81.2
21 (72)	5:41	6	2:25	74.0	51:32	6	22:58	80.4
22 (71)	-	0	-	-	51:32	6	22:58	80.4
23 (56)	1:56	5	0:40	52.6	53:28	6	23:33	78.7
24 (51)	1:52	6	0:54	93.1	55:20	6	24:27	79.2
25 (49)	2:02	6	1:01	100.0	57:22	6	25:28	79.8
26 (38)	2:57	6	1:25	92.4	1:00:19	6	26:53	80.4
27 (100)	3:15	6	1:21	71.1	1:03:34	6	28:14	79.9
□□	0:12	4	0:05	71.4	1:03:46	6	28:17	79.7