



Thüringen Pokal 2018 und TRL  
Arnstadt / 14.04.2018

□□□□

Schumann, Matthias

□□: OLV Weimar

□□□: 44:24

□□□□: 9:39 min/km

□□: 4.60 km / 24 □□

□□□□:

H45 (Herren ab 45)

□□□□□: 7(of 13)

□□□□□□: 34:44

□□: 9:40

□□□□

□□	□□	□□	□□	□□	□□□	□□	□□	□□
	□□	-	-	%	□□	-	-	%
1 (34)	1:00	7	0:14	30.4	1:00	7	0:14	30.4
2 (38)	1:03	8	0:14	28.6	2:03	7	0:27	28.1
3 (39)	0:53	11	0:19	55.9	2:56	9	0:39	28.5
4 (43)	1:03	4	0:07	12.5	3:59	9	0:43	21.9
5 (44)	1:54	8	0:20	21.3	5:53	8	1:03	21.7
6 (51)	3:03	7	0:35	23.7	8:56	7	1:37	22.1
7 (54)	3:17	12	2:31	328.3	12:13	10	4:08	51.1
8 (53)	1:28	10	0:47	114.6	13:41	9	4:55	56.1
9 (57)	3:41	13	2:34	229.9	17:22	11	7:11	70.5
10 (58)	0:50	5	0:10	25.0	18:12	11	7:12	65.5
11 (59)	1:23	5	0:17	25.8	19:35	11	7:18	59.4
12 (60)	1:11	9	0:19	36.5	20:46	10	7:31	56.7
13 (65)	3:53	3	0:02	0.9	24:39	9	7:33	44.2
14 (66)	1:00	3	0:09	17.7	25:39	9	7:36	42.1
15 (69)	4:29	3	0:30	12.6	30:08	9	8:06	36.8
16 (68)	1:08	7	0:22	47.8	31:16	9	8:24	36.7
17 (67)	3:09	7	0:39	26.0	34:25	8	8:41	33.7
18 (64)	1:45	3	0:05	5.0	36:10	7	8:42	31.7
19 (61)	1:50	1	-	-	38:00	7	8:41	29.6
20 (72)	1:49	5	0:23	26.7	39:49	7	8:53	28.7
21 (71)	-	0	-	-	39:49	7	8:53	28.7
22 (49)	2:18	7	0:32	30.2	42:07	7	9:02	27.3
23 (47)	1:44	9	0:31	42.5	43:51	7	9:33	27.8
24 (100)	0:21	4	0:03	16.7	44:12	7	9:36	27.8
□□	0:12	9	0:04	50.0	44:24	7	9:40	27.8