



Thüringen Pokal 2018 und TRL
Arnstadt / 14.04.2018

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Böhringer, Michael

□□: USV Jena

□□□: 58:30

□□□□: 12:43 min/km

□□: 4.60 km / 24 □□

□□□□:

H45 (Herren ab 45)

□□□□□: 13(of 13)

□□□□□□□: 34:44

□□: 23:46

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (34)	1:07	9	0:21	45.7	1:07	9	0:21	45.7
2 (38)	1:10	10	0:21	42.9	2:17	10	0:41	42.7
3 (39)	0:49	10	0:15	44.1	3:06	10	0:49	35.8
4 (43)	1:09	8	0:13	23.2	4:15	10	0:59	30.1
5 (44)	2:10	11	0:36	38.3	6:25	10	1:35	32.8
6 (51)	4:25	13	1:57	79.1	10:50	11	3:31	48.1
7 (54)	9:28	13	8:42	1,134.8	20:18	13	12:13	151.1
8 (53)	1:02	8	0:21	51.2	21:20	13	12:34	143.4
9 (57)	1:15	2	0:08	11.9	22:35	13	12:24	121.8
10 (58)	1:02	9	0:22	55.0	23:37	13	12:37	114.7
11 (59)	1:30	8	0:24	36.4	25:07	13	12:50	104.5
12 (60)	1:32	11	0:40	76.9	26:39	13	13:24	101.1
13 (65)	5:09	10	1:18	33.8	31:48	13	14:42	86.0
14 (66)	1:45	11	0:54	105.9	33:33	13	15:30	85.9
15 (69)	7:32	13	3:33	89.1	41:05	13	19:03	86.5
16 (68)	1:29	10	0:43	93.5	42:34	13	19:42	86.2
17 (67)	3:19	9	0:49	32.7	45:53	13	20:09	78.3
18 (64)	2:20	10	0:40	40.0	48:13	13	20:45	75.6
19 (61)	2:26	8	0:36	32.7	50:39	13	21:20	72.8
20 (72)	2:17	12	0:51	59.3	52:56	13	22:00	71.1
21 (71)	-	0	-	-	52:56	13	22:00	71.1
22 (49)	2:50	11	1:04	60.4	55:46	13	22:41	68.6
23 (47)	2:10	12	0:57	78.1	57:56	13	23:38	68.9
24 (100)	0:23	7	0:05	27.8	58:19	13	23:43	68.6
□□	0:11	7	0:03	37.5	58:30	13	23:46	68.4