



Thüringen Pokal 2018 und TRL
Arnstadt / 14.04.2018

□□□□

Göhring, Klaus

□□: ohne Verein

□□□: 24:32

□□□□: 7:54 min/km

□□: 3.10 km / 15 □□

□□□□:

H55 (Herren ab 55)

□□□□□: 3(of 6)

□□□□□□: 23:29

□□: 1:03

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (33)	1:23	5	0:42	102.4	1:23	5	0:42	102.4
2 (36)	1:09	2	0:20	40.8	2:32	3	1:00	65.2
3 (40)	1:28	1	-	-	4:00	3	0:56	30.4
4 (50)	2:43	3	0:10	6.5	6:43	3	0:57	16.5
5 (71)	1:26	1	-	-	8:09	3	0:49	11.1
6 (72)	-	0	-	-	8:09	3	0:49	11.1
7 (63)	3:19	1	-	-	11:28	3	0:18	2.7
8 (62)	1:46	3	0:16	17.8	13:14	3	0:34	4.5
9 (60)	1:46	4	0:23	27.7	15:00	3	0:55	6.5
10 (59)	1:00	3	0:05	9.1	16:00	3	1:00	6.7
11 (73)	1:36	2	0:03	3.2	17:36	3	1:03	6.3
12 (57)	1:18	3	0:24	44.4	18:54	3	1:27	8.3
13 (51)	2:00	2	0:03	2.6	20:54	3	1:30	7.7
14 (52)	0:40	2	0:02	5.3	21:34	3	1:15	6.2
15 (100)	2:44	2	0:06	3.8	24:18	3	1:02	4.4
□□	0:14	3	0:04	40.0	24:32	3	1:03	4.5