



Mixstaffel

Teuto Run and Fun

□□: 6.58 km/h

□□: 2011 □□□: 9:06 min/km

□□: 100.22 km

Staffel 2x50 km

□□□□: 23 (of 23)

□□□□: 7:28:13 □□□□: 12(of 12)

0000000: 8:23:31

	km		min/km	-	-			km		min/km	-	-		
Floh-Seligenthal	55.13	5:56:08	6:27	5	1:52:25	10	1:52:25	55.13	5:56:08	6:27	5	1:52:25	10	1:52:25
Fröttstädt	45.09	9:16:03	12:19	12	5:11:05	23	5:51:34	100.22	15:12:11	9:06	12	6:48:40	23	7:43:58