



12. thüringenULTRA
Fröttstädt / 07.07.2018

0000

Kosuch, Dieter

00: Finanz Informatik

00: 161

00: 100.22 km

100 Kilometer

0000:

Senioren M55 (55-59 Jahre)

000: 13:13:21

00: 7.58 km/h

0000: 7:55 min/km

00000/000: 118 (of 248)

00000/0: 104 (of 203)

000000: 8:37:32

00000: 15(of 41)

0000000: 9:58:37

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0000

000

| 000 | 00 km | 00 00 | 00 min/km | 00 - | 00 - | 00 0 | 00 0 | 000 km | 000 00 | 000 min/km | 00 - | 00 - | 00 0 | 00 0 |
|------------------|----------|----------|--------------|---------|---------|---------|---------|-----------|-----------|---------------|---------|---------|---------|---------|
| Glasbachwiese | 27.39 | 3:05:14 | 6:45 | 8 | 29:23 | 58 | 37:45 | 27.39 | 3:05:14 | 6:45 | 8 | 29:23 | 58 | 37:45 |
| Floh-Seligenthal | 27.74 | 3:18:37 | 7:09 | 10 | 42:00 | 74 | 47:14 | 55.13 | 6:23:51 | 6:57 | 13 | 1:11:23 | 89 | 1:46:30 |
| Finsterbergen | 22.03 | 3:04:56 | 8:23 | 14 | 44:25 | 88 | 1:05:57 | 77.16 | 9:28:47 | 7:22 | 12 | 1:54:44 | 82 | 2:51:12 |
| Fröttstädt | 23.06 | 3:44:34 | 9:44 | 26 | 1:20:00 | 141 | 1:44:37 | 100.22 | 13:13:21 | 7:54 | 15 | 3:14:44 | 104 | 4:35:49 |