



Heinlein, Bruno

□□: 1.FC Geesdorf

□□: 98

□□: 100.22 km
100 Kilometer

Senioren M55 (55-59 Jahre)

□□□: 13:42:29

□□: 7.29 km/h

□□□□: 8:13 min/km

______: 142 (of 248)

_______: 123 (of 203)

____: 8:37:32

□□□□: 18(of 41)

<u>|</u>||||||||: 9:58:37

	km		min/km	-	-			km		min/km	-	-		
Glasbachwiese	27.39	3:20:59	7:20	18	45:08	99	53:30	27.39	3:20:59	7:20	18	45:08	99	53:30
Floh-Seligenthal	27.74	3:27:39	7:29	18	51:02	101	56:16	55.13	6:48:38	7:24	19	1:36:10	120	2:11:17
Finsterbergen	22.03	3:22:45	9:12	19	1:02:14	125	1:23:46	77.16	10:11:23	7:55	18	2:37:20	117	3:33:48
Fröttstädt	23.06	3:31:06	9:09	19	1:06:32	119	1:31:09	100.22	13:42:29	8:12	18	3:43:52	123	5:04:57