



Thüringer Ranglistenlauf Langstrecke

Erfurt / 21.10.2018

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Bombien, Isabelle

□□: OLV Weimar

□□□: 54:25

□□□□: 16:29 min/km

□□: 3.30 km / 12 □□

□□□□:

D-16

□□□□□: 2(of 2)

□□□□□□: 26:29

□□: 27:56

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (201)	3:57	2	1:41	74.3	3:57	2	1:41	74.3
2 (46)	2:39	2	2:39	-	6:36	2	6:36	-
3 (39)	7:03	2	7:03	-	13:39	2	13:39	-
4 (40)	1:48	1	-	-	15:27	2	15:27	-
5 (44)	5:56	2	5:56	-	21:23	2	21:23	-
6 (201)	5:07	2	2:31	96.8	26:30	2	11:21	74.9
7 (38)	5:51	2	5:51	-	32:21	2	32:21	-
8 (42)	4:25	2	4:25	-	36:46	2	36:46	-
9 (52)	6:27	2	6:27	-	43:13	2	43:13	-
10 (47)	6:00	2	6:00	-	49:13	2	49:13	-
11 (201)	2:49	2	0:04	2.4	52:02	2	27:05	108.6
12 (100)	1:59	2	0:41	52.6	54:01	2	27:46	105.8
□□	0:24	2	0:10	71.4	54:25	2	27:56	105.5