



Thüringer Ranglistenlauf Langstrecke

Erfurt / 21.10.2018

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Morgner, Cornelia

□□□: 35:31

□□: USV Jena

□□□□: 10:45 min/km

□□: 3.30 km / 12 □□

□□□□:

Damen ab 45

□□□□□: 1(of 9)

□□□□□□□: 35:31

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	□□	-	-	%	□□	-	-	%
1 (201)	2:02	2	0:13	11.9	2:02	2	0:13	11.9
2 (38)	5:07	7	5:07	-	7:09	6	7:09	-
3 (42)	2:38	1	-	-	9:47	4	9:47	-
4 (52)	3:24	5	3:24	-	13:11	4	13:11	-
5 (47)	3:54	2	0:19	8.8	17:05	4	17:05	-
6 (201)	2:30	1	-	-	19:35	3	1:30	8.3
7 (46)	1:19	1	-	-	20:54	1	-	-
8 (39)	3:06	3	3:06	-	24:00	1	-	-
9 (40)	2:48	3	0:57	51.4	26:48	1	-	-
10 (44)	3:28	2	0:11	5.6	30:16	1	-	-
11 (201)	3:02	3	0:29	19.0	33:18	1	-	-
12 (100)	1:47	2	0:08	8.1	35:05	1	-	-
□□	0:26	3	0:04	18.2	35:31	1	-	-