



# Thüringer Ranglistenlauf Langstrecke

Erfurt / 21.10.2018

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Ritter, Anke

□□: SV TU Ilmenau

□□□: 25:30

□□□□: 10:37 min/km

□□: 2.40 km / 11 □□

□□□□:

Damen ab 55

□□□□□: 1(of 7)

□□□□□□□: 25:30

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	□□	-	-	%	□□	-	-	%
1 (35)	1:51	3	0:23	26.1	1:51	3	0:23	26.1
2 (37)	2:04	1	-	-	3:55	2	0:17	7.8
3 (47)	1:57	1	-	-	5:52	2	0:10	2.9
4 (35)	2:02	1	-	-	7:54	1	-	-
5 (34)	2:38	1	-	-	10:32	1	-	-
6 (44)	2:57	3	2:57	-	13:29	1	-	-
7 (70)	2:16	2	2:16	-	15:45	2	15:45	-
8 (35)	3:06	4	3:06	-	18:51	2	18:51	-
9 (33)	3:39	3	3:39	-	22:30	2	22:30	-
10 (59)	1:19	3	0:15	23.4	23:49	2	23:49	-
11 (100)	1:11	3	0:06	9.2	25:00	2	25:00	-
□□	0:30	3	0:04	15.4	25:30	1	-	-