



Thüringer Ranglistenlauf Langstrecke

Erfurt / 21.10.2018

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Kretzschmar, Ute

□□□: 38:18

□□: OLV Weimar

□□□□: 15:57 min/km

□□: 2.40 km / 11 □□

□□□□:

Damen ab 55

□□□□□: 6(of 7)

□□□□□□□: 25:30

□□: 12:48

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	□□	-	-	%	□□	-	-	%
1 (35)	2:48	7	1:20	90.9	2:48	7	1:20	90.9
2 (37)	3:05	5	1:01	49.2	5:53	6	2:15	61.9
3 (47)	3:03	4	1:06	56.4	8:56	5	3:14	56.7
4 (35)	3:24	6	1:22	67.2	12:20	6	4:26	56.1
5 (34)	4:20	5	1:42	64.6	16:40	5	6:08	58.2
6 (44)	4:32	6	4:32	-	21:12	6	7:43	57.2
7 (70)	3:34	4	3:34	-	24:46	5	24:46	-
8 (35)	4:37	6	4:37	-	29:23	6	29:23	-
9 (33)	4:37	5	4:37	-	34:00	6	34:00	-
10 (59)	2:11	5	1:07	104.7	36:11	5	36:11	-
11 (100)	1:19	5	0:14	21.5	37:30	6	37:30	-
□□	0:48	7	0:22	84.6	38:18	6	12:48	50.2