



Thüringer Ranglistenlauf Langstrecke

Erfurt / 21.10.2018

□□□□

Bräuer, Hans

□□: USV Jena

□□□: 29:23

□□□□: 10:07 min/km

□□: 2.90 km / 11 □□

□□□□:

H-14

□□□□□: 2(of 3)

□□□□□□: 25:38

□□: 3:45

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|----------|------|----|------|------|-------|----|-------|------|
| | □□ | - | - | % | □□ | - | - | % |
| 1 (66) | 2:33 | 2 | 0:13 | 9.3 | 2:33 | 2 | 0:13 | 9.3 |
| 2 (55) | 4:32 | 3 | 4:32 | - | 7:05 | 2 | 7:05 | - |
| 3 (202) | 1:36 | 2 | 1:36 | - | 8:41 | 2 | 8:41 | - |
| 4 (70) | 4:00 | 3 | 4:00 | - | 12:41 | 3 | 12:41 | - |
| 5 (66) | 3:16 | 2 | 3:16 | - | 15:57 | 3 | 15:57 | - |
| 6 (47) | 3:10 | 2 | 3:10 | - | 19:07 | 2 | 19:07 | - |
| 7 (207) | 1:29 | 1 | - | - | 20:36 | 2 | 20:36 | - |
| 8 (60) | 2:15 | 2 | 2:15 | - | 22:51 | 2 | 22:51 | - |
| 9 (66) | 2:39 | 1 | - | - | 25:30 | 2 | 25:30 | - |
| 10 (69) | 2:32 | 1 | - | - | 28:02 | 2 | 28:02 | - |
| 11 (100) | 1:00 | 1 | - | - | 29:02 | 2 | 29:02 | - |
| □□ | 0:21 | 2 | 0:04 | 23.5 | 29:23 | 2 | 3:45 | 14.6 |