



# Thüringer Ranglistenlauf Langstrecke

Erfurt / 21.10.2018

□□□□

Bräuer, Hans

□□: USV Jena

□□□: 29:23

□□□□: 10:07 min/km

□□: 2.90 km / 11 □□

□□□□:  
H-14

□□□□□: 2(of 3)

□□□□□□: 25:38

□□: 3:45

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1 (66)	2:33	2	0:13	9.3	2:33	2	0:13	9.3
2 (55)	4:32	3	4:32	-	7:05	2	7:05	-
3 (202)	1:36	2	1:36	-	8:41	2	8:41	-
4 (70)	4:00	3	4:00	-	12:41	3	12:41	-
5 (66)	3:16	2	3:16	-	15:57	3	15:57	-
6 (47)	3:10	2	3:10	-	19:07	2	19:07	-
7 (207)	1:29	1	-	-	20:36	2	20:36	-
8 (60)	2:15	2	2:15	-	22:51	2	22:51	-
9 (66)	2:39	1	-	-	25:30	2	25:30	-
10 (69)	2:32	1	-	-	28:02	2	28:02	-
11 (100)	1:00	1	-	-	29:02	2	29:02	-
□□	0:21	2	0:04	23.5	29:23	2	3:45	14.6