



Thüringer Ranglistenlauf Langstrecke

Erfurt / 21.10.2018

□□□□

Reuter, Marek

□□: SV Handwerk Erfurt

□□□: 34:42

□□□□: 11:57 min/km

□□: 2.90 km / 11 □□

□□□□:

H-14

□□□□□: 3(of 3)

□□□□□□: 25:38

□□: 9:04

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (66)	4:38	3	2:18	98.6	4:38	3	2:18	98.6
2 (47)	3:23	2	0:12	6.3	8:01	3	2:30	45.3
3 (207)	2:08	3	0:52	68.4	10:09	3	3:22	49.6
4 (60)	2:03	2	2:03	-	12:12	2	12:12	-
5 (66)	3:16	2	3:16	-	15:28	2	15:28	-
6 (55)	4:25	3	4:25	-	19:53	3	19:53	-
7 (202)	3:20	3	3:20	-	23:13	3	23:13	-
8 (70)	4:39	3	4:39	-	27:52	3	27:52	-
9 (66)	2:50	2	0:11	6.9	30:42	3	30:42	-
10 (69)	2:34	2	0:02	1.3	33:16	3	33:16	-
11 (100)	1:05	2	0:05	8.3	34:21	3	34:21	-
□□	0:21	2	0:04	23.5	34:42	3	9:04	35.4