



Thüringer Ranglistenlauf Langstrecke

Erfurt / 21.10.2018

□□□□

Estelle, Estelle

□□: Verein 90001

□□□: 1:27:59

□□□□: 30:20 min/km

□□: 2.90 km / 11 □□

□□□□:

offen mittel

□□□□□: 2(of 2)

□□□□□□: 33:14

□□: 54:45

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□□	□□	□□	□□	□□	□□□	□□	□□	□□
	□□	-	-	%	□□	-	-	%
1 (66)	8:19	2	4:19	107.9	8:19	2	4:19	107.9
2 (47)	8:55	2	8:55	-	17:14	2	17:14	-
3 (207)	4:10	2	4:10	-	21:24	2	21:24	-
4 (60)	4:26	2	4:26	-	25:50	2	25:50	-
5 (66)	4:34	2	1:26	45.7	30:24	2	13:23	78.7
6 (55)	26:54	2	26:54	-	57:18	2	57:18	-
7 (202)	5:49	2	5:49	-	1:03:07	2	1:03:07	-
8 (70)	7:53	2	7:53	-	1:11:00	2	1:11:00	-
9 (66)	9:07	2	5:54	183.4	1:20:07	2	51:32	180.3
10 (69)	4:17	2	1:35	58.6	1:24:24	2	53:07	169.8
11 (100)	2:35	2	1:09	80.2	1:26:59	2	54:16	165.9
□□	1:00	2	0:29	93.6	1:27:59	2	54:45	164.7