



# Thüringer Ranglistenlauf Langstrecke

Erfurt / 21.10.2018

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Lichter, Liv-Greete

□□: USV Jena

□□□: 31:11

□□□□: - min/km

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D-14

□□□□□: 1(of 4)

□□□□□□: 31:11

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	□□	-	-	%	□□	-	-	%
1 (66)	2:47	3	0:23	16.0	2:47	3	0:23	16.0
2 (55)	3:42	3	3:42	-	6:29	3	6:29	-
3 (202)	2:08	3	2:08	-	8:37	3	8:37	-
4 (70)	4:06	3	4:06	-	12:43	3	12:43	-
5 (66)	3:05	3	0:33	21.7	15:48	3	4:51	44.3
6 (47)	3:24	1	-	-	19:12	3	19:12	-
7 (207)	2:05	1	-	-	21:17	2	21:17	-
8 (60)	2:14	1	-	-	23:31	2	23:31	-
9 (66)	3:31	2	0:24	12.8	27:02	2	2:10	8.7
10 (69)	2:32	2	0:27	21.6	29:34	1	-	-
11 (100)	1:12	2	0:18	33.3	30:46	1	-	-
□□	0:25	3	0:04	19.1	31:11	1	-	-