



# Thüringer Ranglistenlauf Langstrecke

Erfurt / 21.10.2018

□□□□

Zenker, Franz

□□: USV Jena

□□□: 41:40

□□□□: 18:06 min/km

□□: 2.30 km / 12 □□

□□□□:

H-12

□□□□□: 2(of 2)

□□□□□□: 41:36

□□: 0:04

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	□□	-	-	%	□□	-	-	%
1 (63)	1:55	1	-	-	1:55	1	-	-
2 (205)	4:00	2	4:00	-	5:55	2	5:55	-
3 (204)	3:39	2	3:39	-	9:34	2	9:34	-
4 (203)	1:28	1	-	-	11:02	2	11:02	-
5 (64)	5:00	2	5:00	-	16:02	2	16:02	-
6 (37)	4:24	2	4:24	-	20:26	2	20:26	-
7 (63)	3:08	2	3:08	-	23:34	2	23:34	-
8 (207)	4:37	1	-	-	28:11	2	28:11	-
9 (76)	1:28	1	-	-	29:39	2	29:39	-
10 (63)	6:19	2	3:53	159.6	35:58	2	10:52	43.3
11 (36)	2:47	1	-	-	38:45	1	-	-
12 (100)	2:29	1	-	-	41:14	1	-	-
□□	0:26	2	0:06	30.0	41:40	2	0:04	0.2