



TRL Lang Wölmisse Jena

Jena / 18.08.2018

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Röhrich, Kirsten

□□: USV Jena

□□□: 59:27

□□□□: 16:59 min/km

□□: 3.50 km / 10 □□

□□□□:

D45

□□□□□: 6(of 9)

□□□□□□: 47:05

□□: 12:22

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (80)	7:51	8	3:50	95.4	7:51	8	3:50	95.4
2 (87)	10:05	9	5:15	108.6	17:56	9	7:45	76.1
3 (96)	10:48	1	-	-	28:44	6	6:47	30.9
4 (93)	6:55	5	1:44	33.4	35:39	6	6:15	21.3
5 (94)	3:10	5	0:40	26.7	38:49	6	6:50	21.4
6 (84)	10:57	8	5:48	112.6	49:46	7	12:38	34.0
7 (97)	2:13	8	1:09	107.8	51:59	7	11:39	28.9
8 (73)	2:41	4	0:15	10.3	54:40	6	11:46	27.4
9 (78)	2:30	7	0:30	25.0	57:10	6	12:16	27.3
10 (100)	1:57	7	0:26	28.6	59:07	6	12:27	26.7
□□	0:20	1	-	-	59:27	6	12:22	26.3