



TRL Lang Wölmisse Jena

Jena / 18.08.2018

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Elsner, Paul

□□: SV TU Ilmenau

□□□: 39:53

□□□□: 26:35 min/km

□□: 1.50 km / 8 □□

□□□□:

H10

□□□□□: 2(of 2)

□□□□□□: 26:06

□□: 13:47

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (85)	6:47	2	4:24	184.6	6:47	2	4:24	184.6
2 (79)	5:25	2	3:26	173.1	12:12	2	7:50	179.4
3 (73)	3:51	2	0:57	32.8	16:03	2	8:47	120.9
4 (74)	5:13	2	2:51	120.4	21:16	2	11:38	120.8
5 (75)	5:20	2	1:31	39.7	26:36	2	13:09	97.8
6 (76)	6:25	2	0:21	5.8	33:01	2	13:30	69.2
7 (77)	2:54	2	0:26	17.6	35:55	2	13:56	63.4
8 (100)	3:23	1	-	-	39:18	2	13:39	53.2
□□	0:35	2	0:08	29.6	39:53	2	13:47	52.8